

Respite Providers List – Updated February 2018

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RESPIRE CARE PROVIDER INFORMATION FORM

Name: Taiwo Akinwale

Address: 4619 7th Ave, Regina S4T 0R4

Telephone: 306-789-3620

Email: akinwaled2006@yahoo.com

Educational Background, Training and Work Experience:

Taiwo came to Canada from Nigeria in 2008. He was a teacher & Vice-Principal in Nigeria. He taught students between the ages of 12 and 15 with intellectual disabilities. Since coming to Canada Taiwo has worked in various jobs. He has a Personal Care Worker certificate and First Aid, CPR among others. He is passionate about providing respite care to individuals and families and to help individuals gain independence.

Best Time to Contact: Mornings

Date Entered: Feb 2018

Last Update: Feb 2018

Needs & Challenges Supported:

Cognitive Disability	Physical Disability
Behavioural Needs	Medical Needs
Within the Family's Home	

Ages that you would be interested in working with:

Ages 14 to Seniors
Male or Female

Availability:

Anytime.

References available upon request.

Note: Neither Inclusion Regina, nor the Community Co-Management Respite Committee is responsible for the quality or standards of care provided. The parents hiring the care provider have full responsibility for screening, hiring, and monitoring the care provider to ensure adequate care. The Registry will provide names of persons who have expressed an interest in providing care.

RESPIRE CARE PROVIDER INFORMATION FORM

Name: Nirmala Anil

Address: Regina

Telephone: 306-351-1553

Email: ndevianil@gmail.com

Educational Background, Training and Work Experience:

Nirmala has a Bachelor of Education and the following training: ECE level 2, Mandt System Training, LRT Training, First Aid with CPR. Nirmala has 10 years of experience working with children as an early childhood educator. Four years of that time she worked with children with special needs. She is passionate about working with kids and is hardworking, flexible and has the patience and love needed to establish relationships.

Best Time to Contact: After 4:00 p.m.

Date Entered: June 2017

Last Update: June 2017

Needs & Challenges Supported:

Intellectual Disability Physical Disability
Medical Needs Behavioural Needs
In Wheelchair
In the family's home or in her own home.

Ages interested in working with:

Male or Female
Infant to Age 13.

Availability:

EVENINGS WEEKENDS SCHOOL HOLIDAYS

References are available on request.

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RESPIRE CARE PROVIDER INFORMATION FORM

Name: Michaela Brady

Address: 7915 Thrush Street

Regina, SK S4Y 0A3

Telephone: 306-450-4212

Email: michaela.brady323@gmail.com

Educational Background, Training and Work Experience:

Michaela is a 3rd year nursing student in the RN program. She has experience in high activity medicine, surgery, mental health, long term care & community settings. She has worked with patients of all ages and with a broad range of medical conditions, intellectual disabilities and physical disabilities.

Michaela has a passion for helping other and understands that providing respite for parents & caregivers can be an important service.

Best Time to Contact: Before 8:00 am or after 4:00 pm

Date Entered: Feb 2018

Last Update: Feb 2018

Needs & Challenges Supported:

Cognitive Disability	Physical Disability
Behavioural Needs	Medical Needs
At Family Home	
Unable to lift / transfer greater than 50 lbs independently.	

Ages that you would be interested in working with:

Ages infant to 13

Female

Availability: (Please circle your preferences OR indicate specifics)

MORNINGS AFTERNOONS EVENINGS WEEKENDS HOLIDAYS

References available upon request.

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RESPITE CARE PROVIDER INFORMATION FORM

Name: Zachary Cooper

Address: Regina

Telephone: 306-591-7116

Email: zacharycowper@gmail.com

Educational Background, Training and Work Experience:

Zachary is currently enrolled in the Post-Secondary Education Program at the University of Regina. He has First Aid and Child Protection Certificates. He has been a camp councillor at the YMCA for 2 years in the ARC program. For any of you campers out there, his camp name is Bambi. He also works at the Beyond the Bell program working with at risk children. Zachary has experience working with children and youth of various abilities. He works to ensure clients are safe, adapts activities, administers medication and assists with hygiene. Zachary has Crisis Intervention and Child Protection training.

Zachary is passionate about working with people with special needs. He also believes it will be fun and a great learning experience for him.

Best Time to Contact: Weekends

Date Entered: September 2017

Last Update: September 2017

Needs & Challenges Supported:

Intellectual Disability Physical Disability
Medical Needs Behavioural Needs
In Wheelchair
In the Family's Home

Ages interested in working with:

Male
All Ages

Availability:

Most days, depending on class schedule.

References are available on request.

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RESPITE CARE PROVIDER INFORMATION FORM

Name: Charity Creed

Address: Regina

Telephone: 306-450-7496

Email: charity.free@live.ca

Educational Background, Training and Work Experience:

Charity has worked with young adults and elderly people with disabilities and special needs. She has worked in a day care home for three years. Charity is caring with all patients of diverse needs. She is punctual and always looks forward to doing her best. She understands the value of respite and looks forward to helping families.

Best Time to Contact: Evenings between 5:00 and 9:00 pm.

Date Entered: June 2017

Last Update: June 2017

Needs & Challenges Supported:

Cognitive Disability Physical Disability
Medical Needs In Wheelchair
At Family Home

Ages interested in working with:

Adult
Senior
Female

Availability:

EVENINGS WEEKENDS

References are available on request.

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RESPIRE CARE PROVIDER INFORMATION FORM

Name: Jizelle Franco

Address: Regina

Telephone: 306-209-8239

Email: jizellefranco@gmail.com

Educational Background, Training and Work Experience:

Jizelle is a Support Worker with the Quality of Life Program at Sask Abilities Council. She provides support to individuals participating in volunteer and work placements. She previously worked as a Youth Care Worker at Ranch Ehrlo Society and a Direct Care Provider at Cheshire Homes. Jizelle has experience training in Therapeutic Crisis Intervention, First Aid, CPR / AED and has a Personal Care Worker Certificate. She has a BA in Sociology. Caring for people with diverse needs is her passion. She believes in promoting independence, self-esteem and inclusion.

Best Time to Contact: After 4:30 pm.

Date Entered: October 2017

Last Update: October 2017

Needs & Challenges Supported:

Intellectual Disability Physical Disability
Medical Needs Behavioural Needs
In Wheelchair At Family Home

Ages interested in working with:

All Ages
Male or Female

Availability:

EVENINGS WEEKENDS STAT HOLIDAYS

References are available on request.

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RESPIRE CARE PROVIDER INFORMATION FORM

Name: Nolan Gagnon

Address: Regina

Telephone: 587-784-7017

Email: nolanwgagnon@gmail.com

Educational Background, Training and Work Experience:

Nolan is currently in his third year of study in the Faculty of Social Work at the University of Regina. He is trained in First Aid: CPR/AED Level C at St John's Ambulance. He has Applied Suicide Intervention Skills Training (ASIST). He currently works with the Schizophrenia Society of Saskatchewan two days a week.

His first experience working with individuals with diverse abilities was while working at Edmonton's Food Bank where he coordinated volunteer work activities. He was responsible for providing support to assist them to reach productive outcomes. Working alongside individuals with diverse abilities and related social justice issues are Nolan's focus in his studies.

Best Time to Contact: Anytime by email. Daytime by phone.

Date Entered: August 2017

Last Update: February 2018

Needs & Challenges Supported:

Cognitive Disability
Physical Disability
Medical Needs
At Family Home

Ages that be interested in working with:

Teen Adult Senior
Male Female

Availability: Dependent on studies and other part time employment.

WEEKDAYS WEEKENDS SCHOOL HOLIDAYS

References are available on request.

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RESPIRE CARE PROVIDER INFORMATION FORM

Name: David Hall

Address: Regina

Telephone: 306-529-8369

Email: davehall81@hotmail.com

Educational Background, Training and Work Experience:

David is very interested in providing Respite. He can work with preschool kids to adults providing care in the home or out in the community. He understands how important it is for parents / caregivers to have a break. David has worked as an Educational assistant in the Public School system for 7 years. He is presently working at a daycare with the before and after-School program. David has worked with people of varying ages with varying abilities ; Cerebral Palsy, Down Syndrome, Spina Bifida, Autism, etc. David has provided Respite for families; he looks forward to continuing this and meeting some new people. He presently provides Respite for individuals with Autism through Child and Youth. He has a passion for helping others and enjoys working with children to young adults, and is open to working with all ages. David enjoys being active, going to the gym and watching hockey. He is looking forward to meeting families and helping them with their Respite needs.

Best Time to Contact: Call between 8:00 a.m. and 9:00 p.m. Accepts texting.

Date Entered: *January 2013*

Last Update: *June 2017*

Needs & Challenges Supported:

Cognitive Disability	Physical Disability
Behavioural Needs	Medical Needs
At Family Home	At Own Home

Ages interested in working with:

Male
3 years of age to Senior

Availability:

EVENINGS WEEKENDS *Open to discuss availability*

References are available on request.

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RESPITE CARE PROVIDER INFORMATION FORM

Name: Emma Harold

Address: Regina

Telephone: 306-550-8559

Email: emmak8@me.com

Educational Background, Training and Work Experience:

Emma is currently completing her Bachelor degree in Elementary Education with a goal to becoming a special education teacher. She has a Gentle Teaching Certificate and is working at a respite center for children with special needs. She provides care for one boy who is 4 years old and has cerebral palsy. The other boy is 15 and has cerebral palsy, autism and an intellectual disability. She loves spending time with them and is responsible for feeding, bathing, changing and administering medication. Emma says, "Caring for children, youth & adults with special needs is my biggest passion. The love & compassion of my friends with special needs has deeply touched my life. I have also seen the amazing love and dedication of parents whose children have special needs, and I love giving them time to rest and take care of themselves".

Best Time to Contact: Anytime

Date Entered: June 2017

Last Update: June 2017

Needs & Challenges Supported:

Intellectual Disability Physical Disability
Medical Needs Behavioural Needs
In Wheelchair
In the Family's Home

Ages interested in working with:

Male or Female
All Ages

Availability:

WEEKDAYS EVENINGS WEEKENDS SCHOOL HOLIDAYS ANYTIME

References are available upon request.

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RESPITE CARE PROVIDER INFORMATION FORM

Name: Hopes Home, contact Pam Schneider

Address: Regina

Telephone: 306-205-8412

Email: pschneider@hopeshome.org

Website: www.hopeshome.org

Hopes Home is a licensed Daycare Centre providing integrated daycare for medically fragile children and their siblings. Open Monday to Friday 7 am to 5:30 pm. Hopes Home offers a fun place for children that can safely meet all care needs. Programming is provided by our Early Childhood Educators, while Developmental Workers provide one-on-one care; implementing physical, occupational and speech therapy. Staffed with Nurses, Hopes Home truly is a unique medical daycare striving to be a centre of excellence. Hopes Home now offers respite/care twice a month overnight – Friday after 5:30 pm until Saturday at 7 pm.

Educational Background, Training and Work Experience: Hopes Home is staffed with Nurses, Early Childhood Educators and Developmental Therapists.

Best Time to Contact: Daytime

Date Entered: *June 2007*

Last Update: *June 2017*

Needs & Challenges Supported:

Cognitive Disability	Physical Disability
Behavioural Needs	Medical Needs
At Own Facility (wheelchair accessible)	

Ages interested in working with:

Ages Infant to 11 years
Male Female

Availability:

MORNINGS AFTERNOONS DAYCARE *Hopes Home now offers respite/care twice a month overnight – Friday after 5:30 pm until Saturday at 7 pm.*

References are available on request.

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RESPITE CARE PROVIDER INFORMATION FORM

Name: Lynette Latoski

Address: Regina

Telephone: 306-560-8077

Email: mamededi@yahoo.ca

Educational Background, Training and Work Experience:

Lynette is working online towards her degree in Social Work through the University of Regina. She is presently working in a group home for adults with disabilities for the past 9 years. Her responsibilities include providing personal care (catheterization, bathing etc.), attending appointments, attending social functions, medication and documentation. She has a Youth Care Work Certificate and has First Aid and CPR. She also has Professional Assault Response Training (PART) and TLR. She loves taking care of people and helping them. She understands that families need time to relax.

Best Time to Contact: Anytime

Date Entered: June 2017

Last Update: June 2017

Needs & Challenges Supported:

Intellectual Disability Physical Disability
Medical Needs Behavioural Needs
In Wheelchair
In the Family's Home

Ages interested in working with:

Male or Female
All Ages

Availability:

WEEKDAYS EVENINGS WEEKENDS SCHOOL HOLIDAYS ANYTIME

References are available on request.

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RESPIRE CARE PROVIDER INFORMATION FORM

Name: Dillon Lewchuk

Address: Regina

Telephone: 306-541-9163

Email: Dillon.lewchuk@gmail.com

Educational Background, Training and Work Experience:

Dillon is employed with the Regina Public School Division and the Prairie Valley School Division as a Substitute Teacher. During the summer of 2016 and 2017

Best Time to Contact: Anytime by email. Daytime by phone.

Date Entered: August 2017

Last Update: August 2017

Needs & Challenges Supported:

Intellectual Disability
Physical Disability
In Wheelchair
Within Family's Home

Ages interested in working with:

Teen
Male

Availability: Dependent on studies and other part time employment.

WEEKDAYS EVENINGS WEEKENDS SCHOOL HOLIDAYS

References are available on request.

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RESPIRE CARE PROVIDER INFORMATION FORM

Name: Alx Mosmann

Address: Regina

Telephone: 306-737-0285

Email: alxmosmann@gmail.com

Educational Background, Training and Work Experience:

Alx works as a casual support worker with the Regina Residential Resource Center. She provides respite care in group homes and assists clients with daily hygiene, meal preparation and household duties. She plans activities and takes people to personal events such as Pats games. She is a volunteer with the ALS Society of Saskatchewan. She realized the importance of respite care when her father was diagnosed with ALS. She understands how a little help can go a long way and wants to help people in need.

Best Time to Contact: Anytime

Date Entered: September 2017

Last Update: September 2017

Needs & Challenges Supported:

Intellectual Disability Physical Disability
Medical Needs Behavioural Needs
In Wheelchair
In own home or In the Family's Home

Ages interested in working with:

Male or Female
All ages

Availability:

Evenings and weekends.

References are available on request.

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RESPIRE CARE PROVIDER INFORMATION FORM

Name: 'Ope' Opeyemi Olabode

Address: Regina

Telephone: 639-590-4374

Email: opeabbey@yahoo.com

Educational Background, Training and Work Experience:

Ope is currently enrolled in the University of Regina Dept. of Environmental Health and Safety. She has a Personal Care Worker Certificate, OHS Standard First Aid, CPR-C and AED with St. John Ambulance. She also has a Health Promotion Course through Public Health in Ontario. She currently works at Clare Parker Homes and with Nurse Next Door. She has experience administering medication and providing support for Community Inclusion activities and Physical fitness activities with clients.

Best Time to Contact: Anytime

Date Entered: September 2017

Last Update: September 2017

Needs & Challenges Supported:

Intellectual Disability Physical Disability
Medical Needs Behavioural Needs
In Wheelchair
At Family Home

Ages interested in working with:

All Ages

Availability:

WEEKDAYS WEEKENDS

References are available on request.

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RESPIRE CARE PROVIDER INFORMATION FORM

Name: Kaila Popien

Address: Regina

Telephone: 204-868-5158

Email: Canadagirl_12@hotmail.com

Educational Background, Training and Work Experience:

Kaila is a Support Worker at Sask Abilities Council. She supports individuals to achieve their goals, assists them with various daily personal needs and work/volunteer experiences. She has experience as an Autism Interventionist. She previously worked as a Pharmacy Assistant. She has Certifications and/or training in Cdn Red Cross HCP-CPR Level C, Persons in Protection of Care, Palliative Care, Lifts and Transfer Training, Mental Health Awareness and other courses. Kaila wants to support individuals in a mutually beneficial and inclusive home setting.

Best Time to Contact: Anytime – Please leave a message.

Date Entered: October 2017

Last Update: October 2017

Needs & Challenges Supported:

Intellectual Disability Physical Disability
Medical Needs Behavioural Needs
In Wheelchair At Family Home

Ages interested in working with:

All Ages
Male or Female

Availability:

EVENINGS WEEKENDS STAT HOLIDAYS

References are available on request.

Note: Neither Inclusion Regina, nor the Community Co-Management Respite Committee is responsible for the quality or standards of care provided. The parents hiring the care provider have full responsibility for screening, hiring, and monitoring the care provider to ensure adequate care. The Registry will provide names of persons who have expressed an interest in providing care.

RESPITE CARE PROVIDER INFORMATION FORM

Name: Lynn Sentes

Address: Regina

Telephone: 306-535-5400

Email: lmsentes@sasktel.net

Educational Background, Training and Work Experience:

Certificate in Social Work; Level 1 – working together to support people; Food Safe Level 1; Mental Health First Aid; First Aid Certificate/CPR/AED; Gentle Teaching Primer; Transfer, Lifting and Repositioning, Level 1 Mediation.

Lynn has worked in the support sector holding the positions of Home Manager and Direct support Worker with a variety of individuals with varying degrees of challenges. She thoroughly enjoys providing support to individuals and has shared many family activities with these individuals even after she was no longer employed with the agency. She provides full time support to an aging parent.

Best Time to Contact: Evenings or weekends.

Date Entered: *March 2015*

Last Update: *June 2017*

Needs & Challenges Supported:

Intellectual Disability Physical Disability
Behavioural Needs
Medical Needs – depending on
extent of care needed.
At Family Home At Own Home

Ages interested in working with:

Teens to seniors.
Male Female

Availability:

EVENINGS WEEKENDS *Open to discussing other times of availability*

References are available on request.

Note: Neither Inclusion Regina, nor the Community Co-Management Respite Committee is responsible for the quality or standards of care provided. The parents hiring the care provider have full responsibility for screening, hiring, and monitoring the care provider to ensure adequate care. The Registry will provide names of persons who have expressed an interest in providing care.

RESPIRE CARE PROVIDER INFORMATION FORM

Name: Chelsey Skibinsky

Address: Regina

Telephone: 306-563-8002

Email: chelseyskibinsky@hotmail.com

Educational Background, Training and Work Experience:

Chelsey is an early elementary school teacher. She is in her 5th year of teaching. She has also worked for the Regina Qu'Appelle Health Region for 4 years as an interventionist with the Autism Resource Centre. Chelsey has also worked as a Therapeutic Summer Camp work for the Autism Resource Centre for the past four years. She has First Aid / CPR / AED. She loves working with students with disabilities. She would love to help families by providing respite care for their children.

Best Time to Contact: Anytime

Date Entered: June 2017

Last Update: June 2017

Needs & Challenges Supported:

Intellectual Disability
Physical Disability
Medical Needs
Behavioural Needs

Ages interested in working with:

Male or Female
Infants and children up to 13 years of age.

Availability:

WEEKDAYS EVENINGS WEEKENDS SCHOOL HOLIDAYS

References are available on request.

Note: Neither Inclusion Regina, nor the Community Co-Management Respite Committee is responsible for the quality or standards of care provided. The parents hiring the care provider have full responsibility for screening, hiring, and monitoring the care provider to ensure adequate care. The Registry will provide names of persons who have expressed an interest in providing care.

RESPITE CARE PROVIDER INFORMATION FORM

Name: Heike Velikas

Address: 1359 Royal Street, Regina S4T 5A2

Telephone: 306-581-1069

Email: hvelikas@gmail.com

Educational Background, Training and Work Experience:

Heike has worked with the RQHR since 1998 in housekeeping and as a porter. She has a First Aid, CPR-C and AED certificate from St. John Ambulance and a Nonviolent Crisis Intervention Certificate from CPI. She has previous experience working with youth at the YMCA. She previously worked at Phoenix Residential Society helping people with challenges gain independence in the community.

Having cared for a parent with medical needs she understands the pressures faced by families with a disabled dependent.

Best Time to Contact: Anytime

Date Entered: Feb 2018

Last Update: Feb 2018

Needs & Challenges Supported:

Cognitive Disability	Physical Disability
Behavioural Needs	Medical Needs
Within the Family's Home	

Ages that you would be interested in working with:

Ages 6 to Seniors

Female

Availability:

Availability will depend on her fluctuating work schedule.

References available upon request.

Note: Neither Inclusion Regina, nor the Community Co-Management Respite Committee is responsible for the quality or standards of care provided. The parents hiring the care provider have full responsibility for screening, hiring, and monitoring the care provider to ensure adequate care. The Registry will provide names of persons who have expressed an interest in providing care.

RESPITE CARE PROVIDER INFORMATION FORM

Name: Kelsey Walchuk

Address: Regina

Telephone: 306-740-8001

Email: kelseywalchuk@hotmail.com

Educational Background, Training and Work Experience:

Kelsey has completed three years of the registered nursing program at the University of Regina. She has First Aid, CPR C, TLR Training, WHIMIS Training and various other medical skills acquired from clinical practice. She has volunteered with youth through Street Culture Kids and has worked as a care aid at a care home. She has taught swimming lessons and piano and voice lessons. Kelsey has worked with individuals of all ages with varying abilities. She loves working with people of all ages. She has a passion for giving care to people. She has great people skills and a willingness to learn. She will work with people of all ages and abilities.

Best Time to Contact: Anytime

Date Entered: June 2017

Last Update: June 2017

Needs & Challenges Supported:

Intellectual Disability Physical Disability
Medical Needs Behavioural Needs
In Wheelchair
In the family's home.

Ages interested in working with:

Male or Female
All ages.

Availability:

ANYTIME

References are available on request.

Note: Neither Inclusion Regina, nor the Community Co-Management Respite Committee is responsible for the quality or standards of care provided. The parents hiring the care provider have full responsibility for screening, hiring, and monitoring the care provider to ensure adequate care. The Registry will provide names of persons who have expressed an interest in providing care.

RESPIRE CARE PROVIDER INFORMATION FORM

Name: Alisha Wayling

Address: 419 – 5601 Gordon Road, Regina S4W 0M6

Telephone: 306-580-1025

Email: alisha.wayling@hotmail.com

Educational Background, Training and Work Experience:

Alisha completed her Continuing Care Aide course with SIAST. She is currently working for the RQHR doing Home Care. She previously worked as a youth care worker at Ranch Ehrlo for 3 years and worked as a Continuing Care Aide for 3 years before taking the course. She has 3 years' experience providing care to youth with behavioural problems. During that time she worked with youth who have autism and who are nonverbal. She has been providing care for seniors for 3 ½ years both in long term care and in the client's home.

Alisha is interested in providing respite care so she can help families out, to make a difference in people's lives, and to build relationships.

Best Time to Contact: Anytime

Date Entered: Feb 2018

Last Update: Feb 2018

Needs & Challenges Supported:

Cognitive Disability Physical Disability
Behavioural Needs Medical Needs
Within the Family's Home

Ages that you would be interested in working with:

Ages 3 to Seniors
Male or Female

Availability:

MORNINGS AFTERNOONS EVENINGS WEEKENDS HOLIDAYS

References available upon request.

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RESPIRE CARE PROVIDER INFORMATION FORM

Name: Jill Wenzel

Address: 52 Daffodil Cres

Regina, SK S4S 5A3

Telephone: 306-529-0635

Email: jwenzel@myaccess.ca

Educational Background, Training and Work Experience:

Jill is a motivated, high energy educator who demonstrates the fostering of student learning. She has a Masters of Educational Psychology from the University of Regina, a Certificate of Inclusive Education and a Bachelor of Education. She has worked in special education for over 10 years. In her role as a special education teacher she has worked as an advocate, case manager, and connector to outside of school agencies. She wants to provide respite care to families to provide them with a needed break. Respite falls within her line of work which she loves.

Best Time to Contact: 12:00 to 1:00 pm or after 3:30 pm weekdays and anytime on weekends

Date Entered: Feb 2018

Last Update: Feb 2018

Needs & Challenges Supported:

Cognitive Disability	Physical Disability
Behavioural Needs	Medical Needs
At Family Home	In Her Own Home

Ages that you would be interested in working with:

Ages 6 to 21
Male or Female

Availability:

EVENINGS WEEKENDS

References available upon request.

Note: Neither Inclusion Regina, nor the Community Co-Management Respite Committee is responsible for the quality or standards of care provided. The parents hiring the care provider have full responsibility for screening, hiring, and monitoring the care provider to ensure adequate care. The Registry will provide names of persons who have expressed an interest in providing care.

RESPIRE CARE PROVIDER INFORMATION FORM

Name: Christina Zaleschuk

Address: Regina

Telephone: 306-552-8577

Email: christinamae@live.ca

Educational Background, Training and Work Experience:

Christina is educated in the medical field as an Emergency Oilfield Medic, and as a Lab/X-ray Technician. She has worked as an Educational Assistant with students with English language challenges and learning delays. She has experience with the elderly and has spent time with older couples/individuals providing transportation, helping them with household chores and socializing with them. She has hospital experience in long term care.

Christina's mom suffered a stroke and she gained a lot of experience caring for her after she lost the use of her hand and arm. When her childhood babysitter/neighbour and family friend aged and then became ill she stayed with her occasionally before she entered full time care. She did driving and cleaning for her as well as socializing with her.

She has worked as a nanny for three families. Over the years Christina has supplemented her income by cleaning homes and the local rink. She is available to do light housework/laundry/grocery shopping as well as medical appointments and social outings with seniors. She loves people and visiting with them. She has four grown children and loves being a grandmother.

Best Time to Contact: Anytime. Will accept emails and texts.

Date Entered: June 2017

Last Update: June 2017

Needs & Challenges Supported:

Physical Needs / Disability
Senior needs including social and
physical assistance.
People with medical needs.

Ages interested in working with:

Teens Adults Seniors
Female or Couples

Availability:

References are available on request.

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