

Respite Providers List – Updated June 2018

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RESPITE CARE PROVIDER INFORMATION FORM

Name: Taiwo Akinwale

Address: 4619 7th Ave, Regina S4T 0R4

Telephone: 306-789-3620 / Cell: 306-351-8748

Email: akinwaled2006@yahoo.com

Educational Background, Training and Work Experience: B.A.Ed.

Taiwo has a rich background working with diversities. He taught and assisted youth between the ages of 12 and 15 with intellectual disabilities in the education system (Nigeria). Taiwo is very passionate about inclusion and supporting individuals to meet their full potential. He has a **Personal Care Worker Certificate**, along with **First Aid and CPR**. He is available to provide respite to care-providers promptly and to assist individuals in their communities.

Best Time to Contact: 8:00am-5:00pm

Additional information: Flexible, available on short notice, and will consider to travel outside of Regina

Date Entered: Feb 2018

Last Update: June 2018

Needs & Challenges Supported:

All needs

Ages that you would be interested in working with:

Ages 14 to seniors

All genders

Availability:

Monday to Friday: After 6:00 pm

Saturday: After 4:30 pm

Sunday: After 12:00 pm

References are available upon request.

Note: *Neither Inclusion Regina, nor the Community Co-Management Respite Committee is responsible for the quality or standards of care provided. The parents hiring the care provider have full responsibility for screening, hiring, and monitoring the care provider to ensure adequate care. The Registry will provide names of persons who have expressed an interest in providing care.*

RESPITE CARE PROVIDER INFORMATION FORM

Name: Nirmala Anil

Address: Regina

Telephone: 306-351-1553

Email: ndevianil@gmail.com

Educational Background, Training and Work Experience: B.A.Ed.

Nirmala has a Bachelor of Education and the following training: **ECE level 2, Mandt System Training, LRT Training, First Aid with CPR.** Nirmala has ten years of experience working with children as an early childhood educator. Four years of that time she worked with children with special needs. She is passionate about working with kids and is hardworking, flexible and has the patience and love needed to establish relationships.

Best Time to Contact: Weekdays after 4:00 p.m. / Weekends

Additional information: Will consider travel inside greater Regina (Pilot Butte, White City etc.)

Date Entered: June 2017

Last Update: June 2018

Needs & Challenges Supported:

Intellectual Disability Physical Disability
Medical Needs Behavioural Needs
In Wheelchair

Ages interested in working with:

Male or Female
Infants to Age 13.

Availability:

Summer (July & August): Daytime/Evenings

Saturdays (Year-round): Daytime/Evenings

Sunday (Year-round): Daytime/Evenings

References are available on request.

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RESPIRE CARE PROVIDER INFORMATION FORM

Name: Jizelle Franco

Address: Regina

Telephone: 306-209-8239 / Email: jizellefranco@gmail.com

Educational Background, Training and Work Experience: BA. Sociology
Jizelle is trained in Therapeutic Crisis Intervention, First Aid, CPR-AED, and Professional Assault Response Training (PART). She also holds a Personal Care Worker Certificate.

Caring for people with diverse needs is her passion. She believes in promoting independence, self-esteem, and inclusion. Jizelle is a Program Coordinator at SaskAbilities in Regina. She previously worked as a Youth Care Worker at Ranch Ehrlo Society and as a Direct Care Provider at Cheshire Homes.

Best Time to Contact: After 4:30 pm

Additional information: Will consider travel inside greater Regina (Pilot Butte, White City etc.)

Date Entered: October 2017

Last Update: June 2018

Needs & Challenges Supported:

Intellectual Disability Physical Disability
Medical Needs Behavioural Needs
In Wheelchair Family Home

Ages interested in working with:

All Ages
Male or Female

Availability:

Monday to Friday: After 5:00 pm

Saturday and Holidays: After 4:30 pm

References are available on request.

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RESPIRE CARE PROVIDER INFORMATION FORM

Name: David Hall

Address: Regina

Telephone: 306-529-8369

Email: davehall81@hotmail.com

Educational Background, Training and Work Experience:

David is available to work with preschool kids to adults providing care in the home or out in the community. David has worked as an Educational Assistant in the Public School system for seven years. He is presently working at a daycare with the before and after-School program. David has worked with people of varying ages with varying abilities including Cerebral Palsy, Down Syndrome, Spina Bifida, and Autism. He presently provides respite for individuals with Autism through Child and Youth. He has a passion for helping others and enjoys working with children to young adults, and is open to working with all ages. David enjoys being active, going to the gym and watching hockey. He is looking forward to meeting families and helping them with their Respite needs.

Best Time to Contact: Call between 8:00 a.m. and 9:00 p.m. Accepts text messages.

Date Entered: January 2013

Last Update: June 2018

Needs & Challenges Supported:

Cognitive Disability	Physical Disability
Behavioural Needs	Medical Needs
At Family Home	At Own Home

Ages interested in working with:

Male
Children -Youth - Senior

Availability:

Monday to Friday: After 5:00 pm

Wednesday, Thursday, Friday & Saturday: Daytime

Sunday: After 5:30 pm

References are available on request.

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RESPIRE CARE PROVIDER INFORMATION FORM

Name: Hopes Home (Pam or Michelle)

Address: Regina

Telephone: 306-757-2260

Email: pschneider@hopeshome.org

Website: www.hopeshome.org

Hopes Home is a licensed Daycare Centre providing integrated daycare for children with complex medical needs. Hopes Home offers a fun place for children that can safely meet all care needs. Programming is provided by our Early Childhood Educators, while Developmental Workers provide one-on-one care; implementing physical, occupational and speech therapy. Staffed with Nurses, Hopes Home truly is a unique medical daycare striving to be a centre of excellence. Hopes Home now offers respite/care twice a month overnight – Friday after 5:30 pm until Saturday at 7 pm.

Educational Background, Training and Work Experience: Hopes Home is staffed with Nurses, Early Childhood Educators and Developmental Therapists.

Best Time to Contact: Daytime

Date Entered: June 2007

Last Update: June 2018

Needs & Challenges Supported:

Cognitive Disability	Physical Disability
Behavioural Needs	Medical Needs
At Own Facility (wheelchair accessible)	

Ages interested in working with:

Ages Infant to 11 years
Male Female

Availability:

MORNINGS AFTERNOONS DAYCARE *Hopes Home now offers respite care twice a month overnight – Friday after 5:30 pm until Saturday at 7 pm.*

References are available on request.

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RESPITE CARE PROVIDER INFORMATION FORM

Name: Lynn Sentes

Address: Regina

Telephone: 306-535-5400 **Email:** lmsentes@sasktel.net

Educational Background, Training and Work Experience:

Certificate in Social Work; Level 1 – working together to support people; Food Safe Level 1; Mental Health First Aid; First Aid Certificate/CPR/AED; Gentle Teaching Primer; Transfer, Lifting and Repositioning, Level 1 Mediation.

Lynn has worked in the support sector holding the positions of Home Manager and Direct support Worker with a variety of individuals with varying degrees of challenges. She thoroughly enjoys providing support to individuals and has shared many family activities with these individuals even after she was no longer employed with the agency. She provides full time support to an aging parent.

Best Time to Contact: Anytime (Leave voicemail)

Date Entered: March 2015

Last Update: June 2018

Needs & Challenges Supported:

Intellectual Disability Physical Disability
Medical Needs – depending on
At Family Home At Own Home

Ages interested in working with:

Pre-teens to seniors
Female Male

Availability:

Saturday: After 12:00 pm

Sundays: Yes

Weekday Evenings: Depending on other scheduling

References are available on request.

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RESPIRE CARE PROVIDER INFORMATION FORM

Name: Alx Mosmann

Address: Regina

Telephone: 306-737-0285

Email: alxmosmann@gmail.com

Educational Background, Training and Work Experience:

Alx has recently completed a diploma program for Cytotechnology at Saskatchewan Polytechnic. Previously, she provided respite care in group homes and assisted clients with daily hygiene, meal preparation, and household duties. She enjoys planning activities and takes people to personal events such as the Pats games. Also, she is a volunteer with the ALS Society of Saskatchewan. She realized the importance of respite care when her father was diagnosed with ALS. She understands how a little help can go a long way and wants to help families and individuals in need.

Best Time to Contact: Anytime

Date Entered: September 2017

Last Update: June 2018

Needs & Challenges Supported:

Intellectual Disability Physical Disability

Medical Needs Behavioural Needs

In Wheelchair

In own home or In the Family's Home

Ages interested in working with:

Male or Female

All ages

Availability:

Monday to Friday: Daytime & Evenings

Saturday, Sunday and Holidays: Daytime & Evenings

References are available on request.

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RESPITE CARE PROVIDER INFORMATION FORM

Name: 'Ope' Opeyemi Olabode

Address: Regina

Telephone: 639-590-4374

Email: opeabbey@yahoo.com

Educational Background, Training and Work Experience:

Ope is currently enrolled in the University of Regina- Dept. of Environmental Health and Safety. She has a Personal Care Worker Certificate, Standard First Aid, CPR-C and AED with St. John Ambulance. She also has a Health Promotion Course through Public Health in Ontario. She has experience administering medication and providing support for during activities (social and physical) with clients.

Best Time to Contact: Anytime - Telephone and Email

Date Entered: September 2017

Last Update: June 2018

Needs & Challenges Supported:

Intellectual Disability Physical Disability
Medical Needs Behavioural Needs
In Wheelchair
At Family Home

Ages interested in working with:

All Ages

Availability:

Monday to Sunday: Daytime & some evenings depending on school scheduling

Holidays: Yes

References are available on request.

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RESPIRE CARE PROVIDER INFORMATION FORM

Name: Kaila Popien

Address: Regina

Telephone: 204-868-5158

Email: Canadagirl_12@hotmail.com

Educational Background, Training and Work Experience:

Kaila is a Support Worker at Sask Abilities Council. She supports individuals to achieve their goals, assists them with various daily personal needs and work/volunteer experiences. She has experience as an Autism Interventionist. She previously worked as a Pharmacy Assistant. She has Certifications and/or training in Red Cross HCP-CPR Level C, Persons in Protection of Care, Palliative Care, Lifts and Transfer Training, Mental Health Awareness and other courses. Kaila wants to support individuals in a mutually beneficial and inclusive home setting.

Best Time to Contact: Anytime – Please leave a message.

Date Entered: October 2017

Last Update: October 2017

Needs & Challenges Supported:

Intellectual Disability Physical Disability
Medical Needs Behavioural Needs
In Wheelchair Family Home

Ages interested in working with:

All Ages
Male or Female

Availability:

EVENINGS WEEKENDS STAT HOLIDAYS

References are available on request.

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RESPIRE CARE PROVIDER INFORMATION FORM

Name: Heike Velikas

Address: 1359 Royal Street, Regina S4T 5A2

Telephone: 306-581-1069

Email: hvelikas@gmail.com

Educational Background, Training and Work Experience:

Heike has worked with the RQHR since 1998 in housekeeping and as a porter. She has a First Aid, CPR-C and AED certificate from St. John Ambulance and a Nonviolent Crisis Intervention Certificate from CPI. She has previous experience working with youth at the YMCA. She previously worked at Phoenix Residential Society helping people with challenges gain independence in the community.

Having cared for a parent with medical needs she understands the pressures faced by families with a disabled dependent.

Best Time to Contact: Anytime

Date Entered: Feb 2018

Last Update: Feb 2018

Needs & Challenges Supported:

Cognitive Disability	Physical Disability
Behavioural Needs	Medical Needs
Within the Family's Home	

Ages that you would be interested in working with:

Ages 6 to Seniors

Female

Availability:

Availability will depend on her fluctuating work schedule.

References available upon request.

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RESPITE CARE PROVIDER INFORMATION FORM

Name: Kelsey Walchuk

Address: Regina

Telephone: 306-740-8001

Email: kelseywalchuk@hotmail.com

Educational Background, Training and Work Experience:

Kelsey has completed three years of the registered nursing program at the University of Regina. She has First Aid, CPR C, TLR Training, WHIMIS Training and various other medical skills acquired from clinical practice. She has volunteered with youth through Street Culture Kids and has worked as a care aid at a care home. She has taught swimming lessons and piano and voice lessons. Kelsey has worked with individuals of all ages with varying abilities. She loves working with people of all ages. She has a passion for giving care to people. She has great people skills and a willingness to learn. She will work with people of all ages and abilities.

Best Time to Contact: Anytime by telephone or text

Additional information: Kelsey will consider travelling outside of Regina within 25km.

Date Entered: June 2017

Last Update: June 2018

Needs & Challenges Supported:

Intellectual Disability Physical Disability
Medical Needs Behavioural Needs
In Wheelchair
In the family's home.

Ages interested in working with:

Male or Female
All ages.

Availability: Weekends

References are available on request.

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RESPIRE CARE PROVIDER INFORMATION FORM

Name: Jill Wenzel

Address: Regina

Telephone: 306-529-0635

Email: jwenzel@myaccess.ca

Educational Background, Training and Work Experience:

Jill is a motivated, high energy educator who demonstrates the fostering of student learning. She has a Masters of Educational Psychology from the University of Regina, a Certificate of Inclusive Education and a Bachelor of Education. She has worked in special education for over 10 years. In her role as a special education teacher she has worked as an advocate, case manager, and connector to outside of school agencies. She wants to provide respite care to families to provide them with a needed break. Respite falls within her line of work which she loves.

Best Time to Contact: 12:00 to 1:00 pm or after 3:30 pm weekdays and anytime on weekends

Date Entered: Feb 2018

Last Update: Feb 2018

Needs & Challenges Supported:

Cognitive Disability	Physical Disability
Behavioural Needs	Medical Needs
At Family Home	In Her Own Home

Ages that you would be interested in working with:

Ages 6 to Younger Adults

Male or Female

Availability:

EVENINGS WEEKENDS

References available upon request.

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RESPIRE CARE PROVIDER INFORMATION FORM

Name: Christina Zaleschuk

Address: Regina

Telephone: 306-552-8577

Email: christinamae@live.ca

Educational Background, Training and Work Experience:

Christina is educated in the medical field as a Lab/X-ray Technician. She has worked as an Educational Assistant with students with English language challenges and learning delays. She has experience with the elderly and has spent time with older couples/individuals providing transportation, helping them with household chores and socializing with them. She has hospital experience in long term care.

Christina's mom suffered a stroke and she gained a lot of experience caring for her after she lost the use of her hand and arm. When her childhood babysitter/neighbour and family friend aged and then became ill she stayed with her occasionally before she entered full time care. She did driving and cleaning for her as well as socializing with her.

She has worked as a nanny for three families. Over the years Christina has supplemented her income by cleaning homes and the local rink. She is available to do light housework/laundry/grocery shopping as well as medical appointments and social outings with seniors. She loves people and visiting with them. She has four grown children and loves being a grandmother.

Best Time to Contact: Anytime. Emails and texts works fine

Date Entered: June 2017

Last Update: June 2018

Needs & Challenges Supported:

Physical Needs / Disability
Senior needs including social and
Physical assistance
People with medical needs

Ages interested in working with:

Teens Adults Seniors
Female or Couples

Availability: Flexible; optimal for Christina when scheduling is varied.

References are available on request.

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